

July 7th, 2022		July 7th, 2022				
Time	Description	Name	Institution	Talk Title		
PM	17:30	Welcome Remarks (UBC)	Dr. Rob Kozak	The University of British Columbia		
			Shucong Zhao	The National Forestry and Grassland Administration, China		
			Michiko Martin	USDA Forest Service		
			Chang Jae Lee	The Korea Forest Welfare Institute		
	18:00	Keynote Speakers	Dr. Qing Li	Nippon Medical School	The secret healing power of nature (forests): From a Feeling to a Science	
Amos Clifford			Association of Nature and Forest Therapy	Forest Therapy: A Ten Year Perspective		
Dr. Melissa Lem			Park Prescriptions	PaRx: A Prescription for Patient and Planetary Health		
Dr. Won Sop Shin			Korean Forest Therapy Forum	Forest Therapy for Personal Growth and Psychological Well-being		
20:00	Panel Discussion with Keynote speakers					
20:30	Intention and Agenda					
21:00	Adjourn					
July 8th, 2022		July 8th, 2022				
Time	Description	Name	Affiliation	Talk Title		
AM	8:30	Keynote Speaker	Dr. Kathy Wolf	The University of Washington	Where to Walk? Potential partnerships for forest therapy	
	9:00	Research Session AM Speaker 1	Chris Goto-Jones	University of Victoria	What does it mean to receive an invitation from a tree? Considering the phenomenology of forest therapy	
	9:20	Research Session AM Speaker 2	Shawn Slade	Western University	Experiencing Connection with Nature in the Forest	
	9:40	Research Session AM Speaker 3	Jolanda Maas	The Vrije Universiteit Amsterdam	The additional benefits of a one-hour Solution-Focused Brief Therapy session in an Urban Forest on Student Wellbeing and Behaviors: A Three-Armed Randomized Controlled Trial	
	10:00	Research Session AM Speaker 4	Yasushi Suko	Tampere University,	Natural sounds of forests vs. favorite music: Which is more beneficial to reducing people's weekly perceived stress?	
	10:20	Research Session AM Speaker 5	Namyun Kil	University of Wisconsin-La Crosse	A Structured Forest Therapy Intervention Enhancing the Nature Connectedness and Psychological Well-being of U.S. Veterans with PTSD, Families, and Volunteers	
	10:40	Q & A				
	11:00	Closing Workshop & Final Remarks				
	8:30	Keynote Speaker	Matilda van den Bosch	University of British Columbia	Healthy Forests Healthy People	
	9:00	Health Session AM Speaker 1	Kimberly Knight	Association of Nature and Forest Therapy	Exploring the Role of Forest Therapy in Healthcare Chaplaincy	
	9:20	Health Session AM Speaker 2	Sus Sola Corazon	University of Copenhagen	Integrating nature in post-concussion treatment	
	9:40	Health Session AM Speaker 3	Heidi Schreiber	Center for Nature Informed Therapy	Taming the Anxious Brain with Nature in Mind	
	10:00	Health Session AM Speaker 4	Petra Ellora Cau Wetterholm	Scandinavian Nature and Forest Therapy Institute	Forest Therapy Group Intervention and Guiding Skills for Exhaustion Disorder, Anxiety and Depression	
	10:20	Health Session AM Speaker 5	Melanie Adamek	IM-WALD-SEIN Institute for Forest Medicine and Forest Therapy	Forest medicine in medical care? Significance of forest therapy in the rehabilitation of patients with post-COVID conditions A cooperation project between IWSI and Sana-Clinics Sommerfeld, Germany	
	10:40	Q & A				
	11:00	Closing Workshop & Final Remarks				
	8:30	Keynote Speaker	Alex Gesse	Forest Therapy Hub	FT Hub Method and Liquid Interactions Model for Forest Therapy Interventions	
	9:00	Practice Session AM Speaker 1	Paola Liliana Rodriguez	Bogota Botanical Garden	Natural Therapy through the Nature, Health and culture Program of the JBB	
	9:20	Practice Session AM Speaker 2	Katriina Kilpi, Vitalija Povilaityte-Petri	International Forest Therapy Days	International Forest Therapy Days as Learning Community	
	9:40	Practice Session AM Speaker 3	Ben Porchuk	Global Institute of Forest Therapy (GIFT)	TBD	
	10:00	Practice Session AM Speaker 4	Tara Brown	The University of British Columbia	Sensing the Forest: Participatory Trail Assessment	
	10:20	Practice Session AM Speaker 5	TBD	TBD	TBD	
	10:40	Q & A				
	11:00	Closing Workshop & Final Remarks				
	12:00	Adjourn				
	PM	17:30	Keynote Speaker	Guangyu Wang	The University of British Columbia	Forest therapy: Linking ancient wisdom with science
		18:00	Research Session Speaker 1	Kiyotaka Segami	Forest Therapy Society	Origin, scientific research and future development: forest bathing in Japan and beyond
		18:20	Research Session Speaker 2	Chengcheng Zeng	Zhejiang A&F University	Study on perceived health benefits of landscape features in giant Panda National Park under audio-visual interaction
18:40		Research Session Speaker 3	Ernest Chi-Hin Ng	The University of Hong Kong	Evolution of research in Forest Therapy: lessons from evidence-based mindfulness practice	
19:00		Research Session Speaker 4	Zhilong Wang	Shanxi Agriculture University	Forest therapy theory & practices in SXAU	
19:20		Research Session Speaker 5	Xiang-Fei Gong	Fujian Agriculture and Forestry University	Comparison of the Mindfulness Meditation Interventions on College Students' Emotions and Attention in Different Environments	
19:40		Research Session Speaker 6	Nicole Craanen	Independent Practitioner	Forest Therapy: The missing link between biophilic design and the built environment	
20:00		Q&A				
20:20		Closing Workshop & Final Remarks				
17:30		Keynote Speaker	Uehara Iwao	Tokyo University of Agriculture	Forest Therapy in Japan and its possibility in the world	
18:00		Health Session Speaker 1	Hugh Kim	Korean Forest Therapy Research Institute	Korea's Forest Therapy and The Development and Application Cases of Forest Therapy Program Using Forts Trail DB	
18:20		Health Session Speaker 2	Lei Yao	Shanghai Jiao Tong University	Construction theory and practice of healing garden based on anxiety relieving function	
18:40		Health Session Speaker 3	Annie Wang	VisionX	Digital Twin Based Forest Therapy	
19:00		Health Session Speaker 4	Anne Rabes	BioCon Valley GmbH	Certification of Healing Forests äc" Elaboration of European standards	
19:20		Health Session Speaker 5	Quan Qiu	University of British Columbia	Forest therapy effects on the blood pressure and salivary cortisol levels of urban residents: A meta-analysis	
19:40		Research Session Speaker 6	Yaoyao Gao	Jiangxi Agricultural University	An empirical study on the effects of forest convalescence on the human physiological and psychological health	
20:00		Q&A				
20:20		Closing Workshop & Final Remarks				
17:30		Keynote Speaker	Tamberly Conway	Conservation Conexions	Under the Trees: Forest Therapy Stories in Mycelial Connection	
18:00		Practice Session Speaker 1	Lijun Liu	Forest Therapy Association of China	Current development, challenges and opportunities s of Forest Therapy in China	
18:20		Practice Session Speaker 2	Kristen Mastel	University of Minnesota	Implementing Forest Therapy into Information Literacy Instruction	
18:40		Practice Session Speaker 3	Philip Hosmer	Nature Work, Inc.	From Theory to Practice: Delivering Forest Therapy to the Masses	
19:00		Practice Session Speaker 4	Ilaria Doimo	University of Padua	Can I earn a living from forest-based care? Emerging market development in Europe	
19:20		Practice Session Speaker 5	Jing Luo, Wei Yin Chang	Fujian Agriculture and Forestry University	Study on the Forest Value Issues Cognition by Visitors with Different Environmental Attitudes Base on the Concept of Forest Therapy	
19:40		Research Session Speaker 6	Xin Wang	Fujian Agriculture and Forestry University	Practice and Improvement: the current undergraduate degree in forest therapy in the Chinese higher education system	
20:00		Q&A				
20:20		Closing Workshop & Final Remarks				
21:20		Adjourn				
July 9th, 2022		July 9th, 2022				
Time	Description	Name	Institution	Talk Title		
8:30 - 10:30	<i>The virtual guided forest therapy walk be available to all participants through a provided</i>	Tahia Devisscher & Ronna Schnerberger				
17:30 - 19:30						